



Lies My Grandfather Told Me: Talking with Kids about Frozen 2

By Chela Delgado & MJ McClure

While far from an antiracist movie, our whole family enjoyed Frozen 2, and we found the plot had some really useful jumping off points for discussions with our kids about racism, colonialism, and Indigenous sovereignty.

Note: these questions are written with non-Indigenous families in mind, can be adjusted for the age of kids, and **contain spoilers**, so if you haven't seen the movie, proceed with caution!

Anna and Elsa's grandfather attacks the Northuldra but the story in Arendelle is that the Northuldra attacked them.

- What stories do we tell that make some of us heroes and other people villains?
- Do you know any similar stories that aren't true even though some people keep telling them?

Elsa and Ana's grandfather says he wants to gift the Northuldra with the dam to make their forest more powerful, but the dam actually harms the forest (and helps Arendelle).

- How do you see people today harming nature to try and make themselves more powerful?
- Who is made more powerful, and whose land is harmed?

Anna and Elsa's grandfather says you can't trust people with magic (people who are different). But when Elsa finds out the truth of what happened between her grandfather and the Northuldra, she says that fear is what cannot be trusted.

- What do you think of that?
- Which viewpoint do you most agree with?
- *For older kids:* What might be the long-term consequences of trusting fear over trusting other people who are different than you?

In this movie, Arendelle is multiracial.

- Does having multiracial residents of Arendelle and Black soldiers involved in the attack at the dam change the story about what Arendelle represents, or what their grandfather King Runeard did to the Northuldra?

Despite being stuck in the enchanted woods together for 34 years, the Arendelle soldiers and the Northuldra keep fighting and never talk to each other about what really happened during the dam celebration.

- Why did the soldiers and Northuldra stay in conflict?
- What would have happened if they had figured out the real story?

Anna and Elsa's mom did not tell them she was Northuldra.

- Why do you think she didn't tell them? What do you think she might have been afraid of?
- What might have been different in their lives if they had known?

The movie doesn't tell us much about the Northuldra people except from Anna and Elsa's perspective.

- What does it mean that the leader says their people trust nature?
- What do you think the Northuldra's lives were like before the dam, and before the spirits got angry and closed in the woods?
- What do you think happens next for the Northuldra people?

Anna was willing to sacrifice the city of Arendelle to right the wrong of what her grandfather did.

- Were any of your family members involved in either creating or righting historical wrongs (or both)?
- What historical wrongs need to be made right where you live?
- What are the communities that have been wronged asking for?
- What sacrifices would you be willing to make to right historical wrongs?
- What can everyday people (like you!) do to right historical wrongs?

When Anna breaks the dam, she believes she will be releasing a tidal wave over Arendelle, but Elsa saves the city.

- Anna makes this decision alone--- who else could she have talked to?
- Why do you think the creators of the movie made the choice to save Arendelle? What do you think about that?
- Do you think this is what the Northuldra people wanted?
- How would the message of the movie be different if the city was destroyed by the tidal wave?
- If you were going to write a different end to the movie, what would it be?

More resources for learning

Questions about land from [Sogorea Te'](#), a land trust in what is now known as the San Francisco Bay area, Coast Miwok and Ohlone land:

- If you are not on your own ancestral land, whose land are you on?
- What is it called in its original language?
- What is the name of its original people? Where are they now?
- How can you contribute to their descendants?
- What can you do as your part in healing legacies of colonialism and genocide?

Use this map to find information about the indigenous nations on whose land you live:
[Native Land Map](#)

[Indigenous Land Homework from Catalyst Project](#)

**Got feedback, additions, changes to suggest? More resources to add?
Email us at genderific@gmail.com. Thanks!**

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